

January 2019

New Egypt Primary School Pre-K Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 New Year's Day - No School	2 • Apple Bites SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	3 • Eggo Mini Maple Waffles SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	4 • Mini Pancakes with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice
7 • French Toast Sticks with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	8 • Cheese Omelette with a Mini Buttermilk Biscuit SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	9 • Apple Bites SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	10 • Eggo Mini Maple Waffles SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	11 • Mini Pancakes with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice
14 • French Toast Sticks with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	15 • Cheese Omelette with a Mini Buttermilk Biscuit SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	16 • Apple Bites SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	17 • Eggo Mini Maple Waffles SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	18 • Mini Pancakes with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice
21 MLK Day - No School	22 • Cheese Omelette with a Mini Buttermilk Biscuit SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	23 • Apple Bites SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	24 • Eggo Mini Maple Waffles SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	25 • Mini Pancakes with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice
28 • French Toast Sticks with a Syrup Dipping Cup SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	29 • Cheese Omelette with a Mini Buttermilk Biscuit SIDES Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	30 • Apple Bites SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	31 • Eggo Mini Maple Waffles SIDES • Fruit Choice: Fresh/Cupped/100% Juice Milk Choice	

Milk Choices: 1% White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk, Fat Free Vanilla Milk

Condiments: Ketchup, Mustard, Light Mayonnaisse, Syrup, Honey Mustard Dressing, Buffalo Sauce, BBQ Sauce

Cereal Choices: Apple Jacks Cereal Bowl, Cinnamon Toast Crunch Cereal Bowl, Cocoa Puffs Cereal Bowl, Fruit Loops Cereal Bowl, Honey Nut Cheerios Cereal Bowl, Lucky Charms Cereal Bowl, Trix Cereal Bowl, Cereal selections will vary.

*Menus are subject to change. We try our best to serve the menus we post, however, circumstances beyond our control may require us to make last minute changes which may affect a menu item or product used.

More Details: newegypt.nutrislice.com/menu/new-egypt-primary-school/pre-k-breakfast/
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12/17/2018

Print Menu

January 2019

New Egypt Primary School Pre-K Lunch

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****1**

New Year's Day - No School

2

Chef's Choice
SIDES:
• Celery Sticks with Light Ranch Dressing

3

• Popcorn Chicken with Pasta and Parmesan Cheese
SIDES:
• Gotta Get 'Em Green Beans
• Broccoli Bites with Light Ranch Dressing

4

• Domino's Pizza By The Slice
SIDES:
• Vege-licious Side Salad
• Mixed Veggie Patch with Light Ranch Dressing

7

• Grilled Cheese Sandwich with Tomato Soup
SIDES:
• Poppin' Peas
• Keep Calm Carrot Hummus with Homemade Whole Grain Tortilla Chips

8

• Baked Ziti with Garlic Texas Toast
SIDES:
• Gotta Get 'Em Green Beans
• Mixed Veggie Patch with Keep Calm Carrot Hummus

9

• Mini Corn Dogs
SIDES:
• Smiley Fries
• Mixed Veggie Patch with Light Ranch Dressing

10

• Chicken Patty on a Kaiser Roll
SIDES:
• Steamed Broccoli
• Mixed Veggie Patch with Light Ranch Dressing

11

• Cheese Pizza By the Slice
SIDES:
• Caesar Side Salad with Light Caesar Dressing
• Mixed Veggie Patch with Light Ranch Dressing

14

• Macaroni & Cheese
SIDES:
• Steamed Broccoli
• Keep Calm Carrot Hummus with Homemade Whole Grain Tortilla Chips

15

• Hot Dog on a Hot Dog Roll
SIDES:
• Golden Corn
• Mixed Veggie Patch with Keep Calm Carrot Hummus

16

• Pasta with Beef Meatballs
SIDES:
• Gotta Get 'Em Green Beans
• Mixed Veggie Patch with Light Ranch Dressing

17

• Chicken Fries with a Corn Muffin
SIDES:
• Baked Beans
• Mixed Veggie Patch with Light Ranch Dressing

18

• Domino's Pizza By the Slice
SIDES:
• Garden Salad with Light Italian Dressing
• White Cheddar Cheese Smartfood Popcorn
• Mixed Veggie Patch with Light Ranch Dressing

21

MLK Day - No School

22

• Philly Cheese Steak on a Torpedo Roll
SIDES:
• Shoestring French Fries
• Mixed Veggie Patch with Keep Calm Carrot Hummus

23

• Mozzarella Sticks with Marinara Sauce
SIDES:
• Pasta
• Mixed Veggie Patch with Light Ranch Dressing

24

• Chicken & Waffles with a Syrup Dipping Cup
SIDES:
• Crinkle-Cut Sweet Potato Fries
• Mixed Veggie Patch with Light Ranch Dressing

25

• Cheese Pizza By the Slice
SIDES:
• Caesar Side Salad with Light Caesar Dressing
• Mixed Veggie Patch with Light Ranch Dressing

28

• Pancakes with Warm Blueberries and an Egg Patty
SIDES:
• Breakfast Roasted Potatoes
• Keep Calm Carrot Hummus with Homemade Whole Grain Tortilla Chips

29

• Cheeseburger on a Bun
SIDES:
• Super Sweet Corn
• Mixed Veggie Patch with Keep Calm Carrot Hummus

30

Half Day No Lunch

31

• Chicken Nuggets
SIDES:
• Gotta Get 'Em Green Beans
• Mixed Veggie Patch with Light Ranch Dressing

Milk Choices: 1% White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk, Fat Free Vanilla Milk

Condiments: Ketchup, Mustard, Light Mayonnaisse, Syrup, Honey Mustard Dressing, Buffalo Sauce, BBQ Sauce

Cereal Choices: Apple Jacks Cereal Bowl, Cinnamon Toast Crunch Cereal Bowl, Cocoa Puffs Cereal Bowl, Fruit Loops Cereal Bowl, Honey Nut Cheerios Cereal Bowl, Lucky Charms Cereal Bowl, Trix Cereal Bowl, Cereal selections will vary.

*Menus are subject to change. We try our best to serve the menus we post, however, circumstances beyond our control may require us to make last minute changes which may affect a menu item or product used.

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Plumsted Primary School Pre-Order Lunch Form Week : ___ / ___ to ___ / ___ or Month: _____ Date: _____

Students Name: _____ Teacher : _____ Student ID#: _____

Please circle which choice you would like your child to have for breakfast/lunch and fill in line choices if interested!

Dates: 1/1 to 1/4/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Lunch Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Dates: 1/7 to 1/11/2019	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Lunch Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Dates: 1/14 to 1/18/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Lunch Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Dates: 1/21 to 1/25/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Lunch Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Dates: 1/28 to 2/1/19	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____
Lunch Choice:	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____	Entrée _____ Drink _____ Juice or Fruit (Circle) _____

Notes: No School 1/1 - 1/21/2019 Early Dismissal Day 1/30/2019 Early Dismissal days no lunch served
Parents, If you would like to fill the form out for the month, please sign here: